VIDYASAGAR UNIVERSITY
Midnapore – 721 102
West Bengal

Phone: (03222) 276554/555/557/558
Fax No.: (03222) 275329
Website:vidyasagar.ac.in

Date-06/11/2026

Ref No.VU/SPT/024/26

From:
Shri Suhas Barik
Sports Officer
Vidyasagar University

To
The Principal / Teacher-in-charge / O.I.C.
.....
.....

Dear Sir / Madam.

We are glad to inform you that **39th Inter College Annual Athletic Meet 2026 is going to be held on 02nd & 03rd December, 2026 at Sahid Kshudiram Bose Krirangan (Vidyasagar University Play Ground)** you are request to ensure participation of your college and send your entries in time to make the meet successful.

Following information may kindly be noted in this regards

A. GENERAL INFORMATION:
1. Date of meet: **02nd & 03rd December, 2026**
2. Venue: **Sahid Kshudiram Bose Krirangan (Vidyasagar University Play Ground)**
3. Time of Commencement: 9:30 a.m.
4. Last date of receipt of entries and submission of eligibility proforma along with entry Sheet: **positively 23rd November, 2026 before 4:00 p.m.**
5. Every college should take part in the March Past event.
6. **Entry fees of Rs.2000 /-(Men & Women) has to be deposited at the time of submission of details entry.**
7. The scheduled of event is prescribed in the summery sheet.
8. One teacher for every college is to be deputed as in- charge of the team.
9. **Age limit of the competitors' as on 31 July, 2026 not more than 25 years (AIU norms)**

B. **PROCEDURE**:

1. **Use separate entry sheet for Boys & Girls.**
2. The Boys / Girls should put his / her signature on the summary sheet against his / her name with clear tick (√) mark on the events, he / she wants to participate.
3. **Maximum Two Athletes form one college can participate in the particular sporting event (Men & Women)**
4. **A candidate is eligible to participate in a maximum of Three (3) events excluding March Past and Relay Race.**
5. Reporting of the team 9.30 A.M. (on both the days).

NB: Managers of the Meeting will be held on 02nd December, 2026 at 10:00 AM on SKBK

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C. **UNIFORM AND FLAGS:**

1. Athletes from a particular college should come with VESTS of particular colour and WHITE shorts and PT shoes.
2. The college team should come with its **own flags (two) of size (at least) $4^{1/2}$ ft.* 3 ft. , with a pole (8ft .)** for participation in March Past . Best marching contingent will be awarded with a special prize.

D. **REFRESHMENT AND LODGING**:
1. Apart from some refreshment on both the days of sports no extra food will be supplied to the athletes or to their escorts.

E. **ENCLOSURES:**
1. ENTRY SHEET FOR BOYS.
2. ENTRY SHEET FOR GIRLS.
3. INSTRUCTION AND NORMS OF AIU.

ALL ENTRIES ARE TO BE SUBMITTED TO THE OFFICE OF THE UNDERSIGNED POSITIVELY WITHIN 23RD NOVEMBER, 2026, Kindly act quickly. Looking forward for your kind cooperation and eagerly waiting for your entry sheet.

NOTE: The Minimum Qualifying Standards (MQS) for Athlete as issued by the AIU Vide No: AIU/SD/MQS/2025-26, Dated-25/09/2025 will also be maintained at the College level from the academic year 2025-26 onwards. College authority must maintain the MQS standards as per AIU norms as enclosed .The Principal/TIC/HOD of Sports /In-Charge of Sports of the College must provide/ensure declaration for the Athletes as per AIU MQS regulation.

With regards,

Yours Sincerely

06/11/26
(SUHAS BARIK)
Sports Officer
Vidyasagar University
Sports Officer
VIDYASAGAR UNIVERSITY
Midnapore-721102. W.B.

VIDYASAGAR UNIVERSITY Midnapore 721102

NOTE: Only 10,000 Meters run (Men) & 5000 Meters run (Women) will be held on 01st December, 2026 at 12:00 noon at Sahid Kshudiram Bose Krirangan (V.U. Play Ground)

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Entry sheet for UG Girls (Xerox if additional sheet is required)
39th INTER COLLEGE ANNUAL ATHLETIC MEET 2026
02nd & 03rd December, 2026

NAME OF THE COLLEGE.....

(Please put tick (√) in the right column: only one candidate may take part maximum of **three (3)** events excluding RELAY Race & March Past)

Sl. No.	Name of The Candidates (In Block Letters)	Class & Roll no.	100 m	200 m	400 m	800 m run	1500m run	5000m run	High Jump	Long Jump	Shot Put	Discus Throw	Javelin Throw	4×100 m Relay Race	Signature of The Candidate	Chest No (For Office Use Only)
1.																
2.																
3.																
4.																
5.																
6.																
7.																
8.																
9.																
10.																
11.																
12.																
13.																
14.																

****This is to certify that all the above Athletes performance (Time/Distance/Height) are as per MQS of AIU norms.**

Signature of the Teacher–In-Charge/ Team Manager

Signature of the Principal/Teacher-In-Charge with office seal

Mobile No:

NOTE: Only 5000 Meters run (Women) will be held on 01st December, 2026 at 12 Noon at Sahid Kshudiram Bose Krirangan (V.U. Play Ground)

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Entry sheet for UG BOYS (Xerox if additional sheet is required)
39th INTER COLLEGE ANNUAL ATHLETIC MEET 2026
02nd & 03rd December, 2026

NAME OF THE COLLEGE.....

(Please put tick (√) in the right column: only one candidate may take part maximum of **three (3)** events excluding RELAY Race & March Past)

Sl. No.	Name of The Candidates (In Block Letters)	Class & Roll no.	100 m run	200 m run	400 m run	800 m run	1500 m run	5000 m run	10000 m run	high jump	Long Jump	Shot Put	Discus Throw	Javelin Throw	4×100 m Relay Race	Signature of The Candidate	Chest No. (For Office Use Only)
1.																	
2.																	
3.																	
4.																	
5.																	
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12.																	
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14.																	

****This is to certify that all the above Athletes performance (Time/Distance/Height) are as per MQS of AIU norms.**

Signature of the Teacher–In-Charge/ Team Manager

Signature of the Principal/Teacher-In-Charge with office seal

Mobile No:

NOTE: Only 10000 Meters run (Men) will be held on 01st December, 2026 at 1 P.m. at Sahid Kshudiram Bose Krirangan (V.U. Play Ground)

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ASSOCIATION OF INDIAN UNIVERSITIES, NEW DELHI

MQS FOR ALL INDIA INTER UNIVERSITY ATHLETICS MEN & WOMEN

S.No.	Event	WOMEN		MEN	
		MQS for Women	Rs. 3000/- fine if the performance is below this score for each player	MQS for Men	Rs. 3000/- fine if the performance is below this score for each player
1	100M (M&W)	12.29	**12.9045**	11.34	**11.907**
2	200M (M&W)	25.5	**26.775**	21.97	**23.0685**
3	400M (M&W)	57.9	**60.795**	48.87	**51.3135**
4	800M (M&W)	2.20.83	**2.27.8715**	2.00.83	**2.06.8715**
5	1500M (M&W)	4.47.13	**5.01.4865**	4.34.51	**4.48.2355**
6	5000M (M&W)	18.11.50	**19.06.075**	14.30.12	**15.13.626**
7	10000 M (M&W)	37.42.58	**39.34.709**	30.55.82	**32.28.611**
8	Half Marathan	1.32.27	**1.36.8835**	1.10.29.80	**1.14.21.29**
9	20 KM Walk	1.54.50	**2.00.225**	1.39.50.97	**1.44.50.5185**
10	100M. Hurdles (W)	15.87	**16.6635**	------	------
11	110M. Hurdles (M)	------	------	15.48	**16.254**
12	400M. Hurdles	1.05.95	**1.09.2475**	54.11	**56.8155**
13	Long Jump	5.11	**12.33.005**	6.9	**6.555**
14	Triple Jump	11.51	**10.9345**	14.48	**13.756**
15	High Jump	1.5	**1.425**	1.9	**1.805**
16	Pole Vault	2.8	**2.66**	4	**3.8**
17	Shot Put	11.17	**10.6115**	15.64	**14.858**
18	Discus Throw	40.43	**38.4085**	48.28	**45.866**
19	Javelin Throw	35.01	**33.2595**	58.01	**55.1095**
20	Hammer Throw	40.33	**38.3135**	54.12	**51.414**
21	Heptathlon	3912 Points	**3716.4 Points**	------	------
22	Decathlon	------	------	5309	**5043.55 Points**
23	Steeple Chase	11.58.10	**11.23.195**	9.23.68	**9.51.864**
24	4X100M. Relay	50.95	**53.4975**	42.08	**44.184**
25	4X400M. Relay	4.32.29	**4.45.9045**	3.19.54	**3.29.517**
26	4X400M. Mix Relay	3.59.70	**4.11.685**	------	------

* **Participation certificates shall not be issued to athletes if his/her performance is below the MQS, and their names with university details shall be reported to AIU by the host University.**

* **If any university/ athlete falls in the fine category, the university/athletes will not be**

Dr. Binu George Varghese
Joint Secretary (Sports)

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